

District Championship Track & Field Track Meet
Swangard Stadium, Burnaby

Tuesday, June 4, 2019
8:30 am - 3:30 pm

order of events: see other side & separate page attached

Please note that all times are approximate. These times are meant as a guideline only.

Organizers will marshal students only about 15 minutes before their event. If this conflicts with a field event, students will be expected to go to their track event first THEN complete their field event after their race.

drop-off: Students should plan to **arrive by 8:15** in order to begin lining up at 8:30 for the march-in that involves all schools.

- a) sign in with Mrs. Hansen in **section C** (contact info: Cecilia Hansen - chansen@sd44.ca)
- b) drop off backpack/ gear/ food
- c) march-in 8:30 sharp

parking: In correspondence with the City of Burnaby and Swangard Stadium -

- parking is available at **Central Park lot** (access: 47th & Boundary) and **east lot** (access: off of Kingsway at Variety Park)
- parking is not permitted in the stadium concourse area
- unauthorized vehicles parked in the concourse and surrounding areas will be towed at the owner's expense

weather: The track meet is a go - rain or shine. Bring **appropriate gear to keep warm** (even if it is sunny) while you wait in the covered seating area for your event to begin.

uniform: Students **must wear a uniform**. Track shoes, with or without spikes, are **not allowed** in any track or field event. Students will be disqualified if spikes are worn.

food: Swangard Stadium operates concession stands.

Have fun!

*Cecilia Hansen
Carisbrooke Track & Field Coordinator, Coaching Staff*

**NORTH VANCOUVER ELEMENTARY
TRACK and FIELD MEET
Swangard Stadium**

**ORDER OF EVENTS
TRACK**

<u>TIME</u>	<u>NUMBER</u>	<u>EVENT</u>	
9:15	1	7G 1500M	
	2	7B 1500M	
	3	6G 1500M	
	4	6B 1500M	
	5	5G 4x100 C	
	6	5G 4x100 B	
	7	5G 4x100 A	
	8	5B 4x100 C	
	9	5B 4x100 B	
	10	5B 4x100 A	
	11	7G 4x100 C	
	12	7G 4x100 B	
	13	7G 4x100 A	
	14	7B 4x100 C	
	15	7B 4x100 B	
	16	7B 4x100 A	
	17	6G 4x100 C	
	18	6G 4x100 B	
	19	6G 4x100 A	
10:45	20	6B 4x100 C	
	21	6B 4x100 B	
	22	6B 4x100 A	
11:00 Student Services Relay			
11:45	23	4G 4x100 C	
	24	4G 4x100 B	
	25	4G 4x100 A	
	26	4B 4x100 C	
	27	4B 4x100 B	
	28	4B 4x100 A	
	29	7B Coed Medley	
	30	7A Coed Medley	
	31	6B Coed Medley	
	32	6A Coed Medley	
	33	5B Coed Medley	
	34	5A Coed Medley	
	35	4B Coed Medley	
	36	4A Coed Medley	
	37	7G 800M	
	38	7B 800M	
	39	6G 800M	
	40	6B 800M	
	41	5G 800M	
	42	5B 800M	
	43	4G 800M	
	12:45	44	4B 800M
		45	7G 100 C
		46	7G 100 B
		47	7G 100 A

48	7B 100 C		
49	7B 100 B		
50	7B 100 A		
51	6G 100 C		
52	6G 100 B		
53	6G 100 A		
54	6B 100 C		
55	6B 100 B		
56	6B 100 A		
57	5G 100 C		
58	5G 100 B		
59	5G 100 A		
60	5B 100 C		
61	5B 100 B		
62	5B 100 A		
63	4G 100 C		
64	4G 100 B		
65	4G 100 A		
66	4B 100 C		
67	4B 100 B		
68	4B 100 A		
1:30	69	7G 400 B	
	70	7G 400 A	
	71	7B 400 B	
	72	7B 400 A	
	73	6G 400 B	
	74	6G 400 A	
	75	6B 400 B	
	76	6B 400 A	
	77	5G 400 B	
	78	5G 400 A	
	79	5B 400 B	
1:45	80	5B 400 A	
	81	4G 400 B	
	82	4G 400 A	
	83	4B 400 B	
	84	4B 400 A	
	2:45	85	7G 200 B
		86	7G 200 A
		87	7B 200 B
		88	7B 200 A
		89	6G 200 B
		90	6G 200 A
91		6B 200 B	
92		6B 200 A	
93		5G 200 B	
94		5G 200 A	
95		5B 200 B	
96	5B 200 A		
97	4G 200 B		
98	4G 200 A		
99	4B 200 B		
100	4B 200 A		

***PLEASE NOTE THAT ALL TIMES ARE APPROXIMATE.
THESE TIMES ARE MEANT AS A GUIDELINE ONLY!**

**** No lunch break for Track**

ORDER OF EVENTS**FIELD****TIME LEVEL LOCATION****HIGH JUMP (PITS 1, 2, & 3)**

9:15 6G Pit 1
11:30 5G Pit 1
1:45 7G Pit 1

9:15 6B Pit 2
11:30 5B Pit 2
1:45 7B Pit 2

9:15 4G Pit 3
11:30 4B Pit 3

LONG JUMP (1 Pit)

9:15 5B Pit 1
10:00 7G Pit 1
10:45 5G Pit 1
11:30 6G Pit 1
12:15 7B Pit 1
1:00 4G Pit 1
1:45 4B Pit 1
2:15 6B Pit 1

TRIPLE JUMP (1 Pit)

9:15 4B Pit 2
10:00 7B Pit 2
10:45 5B Pit 2
11:30 6B Pit 2
12:15 7G Pit 2
1:00 6G Pit 2
1:45 5G Pit 2
2:15 4G Pit 2

SHOT PUT (1 AREA)

9:15 5G
10:00 4B
10:45 7B
11:30 7G
12:15 4G
1:00 6B
1:45 5B
2:15 6G

**** No lunch break for Field**