

Drop In and Hang Out with Us!

All Youth Grades 5 – 12



Delbrook Youth Centre | 851 West Queens Rd

Foosball, play pool, video & board games, music, dance & much more!

Spring 2019 Hours – FREE DROP IN

Wednesdays **NEW!** 6:00-8:00pm **Gr. 7-10** | Thursdays 4:00-6:00pm **Preteen Gr. 5-7**

Fridays **NEW!** 4:00-6:00pm **Preteen Gr. 5-7** 6:00-9:00pm **Gr. 7-10**

Saturdays 5:00-9:00pm **Gr. 7-10**



Lonsdale Youth Lounge - Harry Jerome Rec Centre | 123 East 23rd Ave

Gym activities, video games, play pool, ping pong, free snacks & more!

Spring 2019 Hours – FREE DROP IN

Tuesdays & Thursdays 6:00-9:00pm **Gr. 5-10**

Fridays 6:00-9:30pm **Gr. 7-12**

For more information, please visit our website at www.nvrc.ca/youth